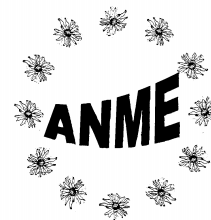


member of
European Coalition on Homeopathic and Anthroposophic Medicinal Products – **ECHAMP**
European Forum of Complementary and Alternative Medicine – **EFCAM**
European Public Health Alliance - **EPHA**



Newsletter No 1- 08

January 10th, 2008- Schöneck

Dear CAM – supporters,

at last - our new homepage: www.anme.info is finally online! Now you can find the information you are looking for more quickly and easily. Our work is causing things to happen within the European CAM-community and as requested, we will increase the number of pages in French and recreate the Italian pages.

In the meantime, we have unfortunately been receiving more and more bad news from the USA and Great Britain. Homeopathy and **Phytotherapy** are coming under increased pressure there. The universities of Plymouth and Exeter in Great Britain emerge frequently as representatives of Random Clinical Trials (RCT).

According to WHO, 80 % of the population of the so-called developing nations of Asia primarily use herbal medicine. In the interests of safety and efficacy, this “diffuse” usage is now to undergo review.

The results of this review are clear in the verdict on Aryurvedic and Chinese medicines: with its extremely low numbers of evidence based data, individual cases will be referred to, which can also be attributed to the placebo effect, therefore deeming these medications useless where medical indications apply.

This study, done in May of 2007, sets a new sign for all herbal medicines. Users not only have to prove that individual treatment is better than a placebo, but for safety and cost reasons, must additionally prove that these herbal medicines are better than standardized treatment.

With this, the HMPC/EMA Guideline of 2006 (non-clinical documentation for well-established and traditional herbal medical products), receives new momentum. And in Germany, the national BfArM, is happy to jump on board in order to make its “new perspectives” public in its Member’s Letter of 11-07.

The time is ripe for shining a light on the alliance of financed universities, moonlighting bureaucrats and dubious lobbyists in order to expose them to the public and its patients.

Another year has passed- The trials of our natural medicines will not end with the coming of the new year 2008.

We wish all of you strong nerves and a successful new year!

Your ANME-TEAM

Association of Natural Medicine in Europe e.V.

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