



Newsletter No 2 – 2010

April 15th, 2010, Schoeneck

Dear CAM – supporters,

The first kick-off meeting of the EU-financed CAMbrella-Project, took place in Munich at the end of January. For the final presentation, by November 2012, eight working groups will compile all available data, information on suppliers, medications, needs and legal requirements (national, European and global), that pertain to CAM (Complementary and Alternative Medicine). In order to get a better picture of the current situation and needs, patient organizations, politicians, doctors and other user organizations will be surveyed during the next three years. Scientific researchers want to find additional methods with which to assess the individual aspects of CAM fairly. Where the project currently stands can already be seen on the internet at www.cambrella.eu.

Under the express consideration of two WHO guidelines regarding consumer information and the legal status of traditional medicine/CAM, the formulated goal of the Cambrella-Project is to create a basic foundation for general CAM regulation. Possibly this is to serve as a future draft upon which a global set of rules will orient itself.

With no regard for the numerous objections from pharmacists, the EMA (European Medical Agency), adopted a **new guideline regarding the alcohol content allowed in herbal medicine for children**. An additional guideline regarding “**Alcohol Addiction**” was passed on March 1st. Please see: www.ema.europa.eu/pdfs/human/hmpc/8511408enfin.pdf and www.ema.europa.eu/pdfs/human/ewp/2009708enfin.pdf

Some manufactures of herbal and homeopathic medicines are considering stopping production of medicines that contain alcohol.

Since 1st of april **Mrs. Paola Testori Coggi has been promoted to Director General** of the Commission`s DG-SANCO (Health and Consumer). Since the beginning of the new treaty of Lissabon DG SANCO is responsible for medicaments and biotechnology too.

Currently under the heading of “health” a **paradigm shift in the direction of “quality of life”** is taking place. Prevention, health education and communication are the areas in which CAM is increasingly asked to perform nowadays. A number of new professions and qualifications with academic certifications are being created in these fields as a result. **Bachelor studies** for osteopathy, chiropractic, manual therapies and kinesiology are being created, and Integrative Medicine (IM), is uniting the CAM-doctors in Europe. Natural therapies are being studied **on the basis of medical indications** and if they prove themselves useful, these indications are accepted in the newly forming system. This process is rolling on at full speed and has engulfed the colleges of Europe.

At the same time, classical natural healing is going through what natives experience in the modern world; or to express it in other words: holistic diagnosis and therapies in a traditional context versus Zeitgeist, and a rapidly changing world in every respect...what is your opinion on this? We'd like to hear your views.

A creative springtime,
Nora Laubstein

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