



Newsletter No 9- 07

september 18th, 2007- Schöneck

Dear CAM – supporters,

“Lacking scientific proof of effectiveness, deemed ineffective.” So reads the verdict (the new witch hunt of the 21st century?) passed on natural medicine and therapies that are up to 5000 years old. And there are no exceptions: homeopathy, herbology, anthroposophic medicine, therapies and diagnostic work based on energy, ethnic medical therapies or nutritional medicine – everything is deemed ineffective. As if by magic, this “sound scientific prove of effectiveness” has in the meantime, made its way into all EU documents and guidelines.

As discussed in detail at the second ANME – Symposium, the EBM (Evidence-Based-Medicine), serves as the top authority in the EU regarding the judgement of health issues. From this platform, consumer protection is being misused, expensive legal regulations are passed behind closed doors and patient’s fears are stirred up (i.e. media reports and lists of contents and side-effects). All this is done in order to give validity to the new, “solely true” scientific EBM beliefs. (Even the dead and chronically ill are accepted as sacrificial offerings!)

As a result, German therapists receive legally watertight words of caution whenever they use formulations on their homepages according to §3 of the HMW, such as: “...helps in the treatment of...”, and “...is supportive in...”, or if they neglect to point out that “...the effectiveness of this therapy has not been proven”, or “is in dispute”. This can become expensive!

At the 9th European Ayurveda Symposium in Birstein, experts met in a relaxed atmosphere to discuss the topic: “Consumer Protection contra Tradition?” , presented by journalist, Birgit Schwertfeger. As with all CAM medication, it became clear that Ayurveda is also being targeted.

The current EU-legislation is maneuvering CAM into a difficult position: beginning 2011, natural medicine will either be considered a “food” or “medicine of second choice”. Legally, The classification of “supplements” will have to be decided upon, either as a “food”, which means beginning 2011, according to the new Health-Claim ordinance, not the slightest allusion to having any effect on health is allowed, or as “medicine of second choice”, only allowed under “traditional use” (up to now only possible for herbal medication, according to EBM proof Level 1-3).

A confusing topic, urgently needing a position to be taken within the CAM – Community.

Get active!

Best wishes,
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