

*External Qi  
from active points*



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# *External qi from active points*



The *Shisyuan* points

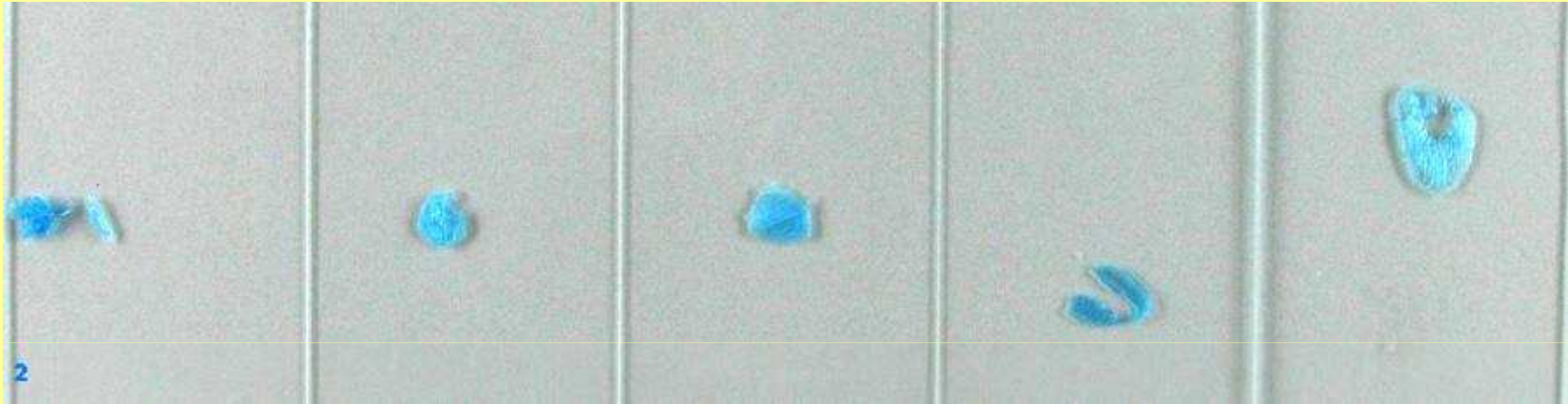
The *Laogong* point

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Uncertain form, non-centric, chaotically structured crystals – controlled preparation.

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The impact of the non-specialist's *Laogong*. There are more certain, however strongly different forms of crystals.

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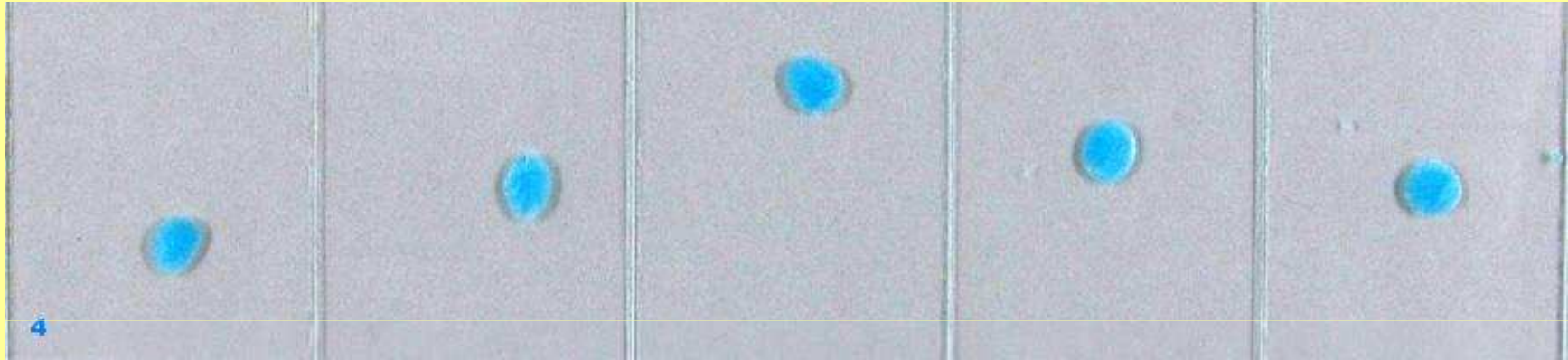
The impact of the qigong specialist's *Laogong* before exercise. There are only two forms of crystals – *Heart* and *Embryo (Small Fish)*.

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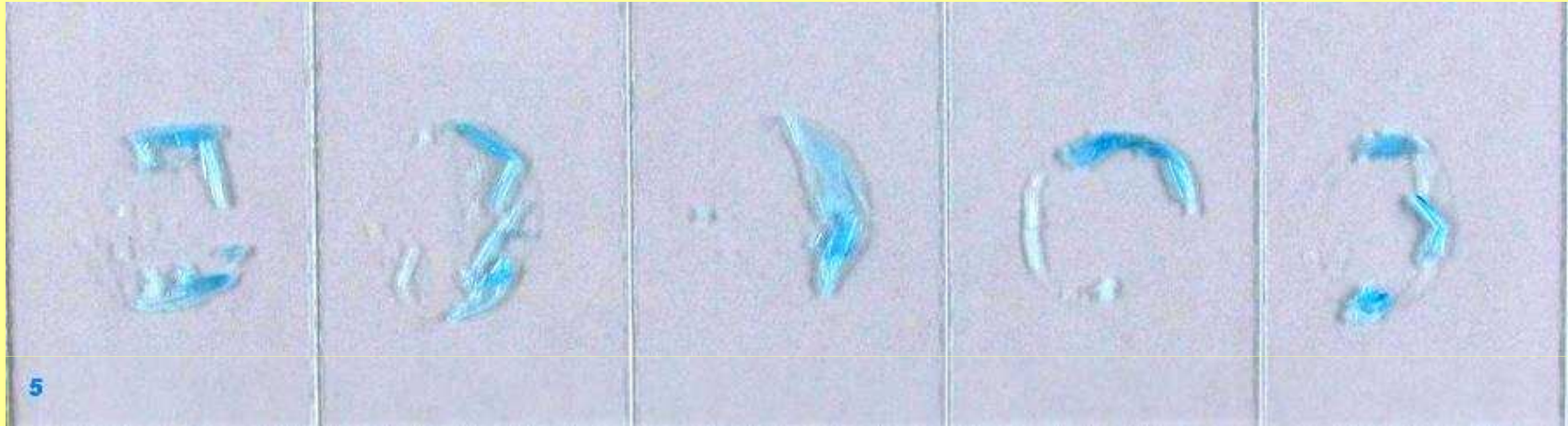
The impact of the healer's *Laogong* after special, non-qigong, exercise. There are also two forms of crystals – *Heart* and *Embryo (Small Fish)*.

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The impact of the qigong specialist's *Laogong* after practicing exercise. There is only one form – *Heart* – crystals (according to Qigong theory – more structured personal Qi, that is very good for EQ therapy).

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The impact of the qigong specialist's *Shisyan* of the left hand. Centrifugal effect of EQ.

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